

Index Page

- Homepage
 - 1. The Bay
 - Home
 - Who we are
 - What sets us apart
 - Testimonials
 - Mission Statement
 - FAQ
 - About the Bay
 - About your program
 - About Therapy
 - About Meditation
 - About Addiction Treatment
 - About Detox
 - 2. **Private, Luxury Rehab**
 - ***Private Rehabilitation*** (formerly Privacy & Confidentiality)
 - ***Luxury Rehabilitation*** (formerly One-to-One care)
 - Individual Private Residences
 - Location Byron Bay
 - 3. **Addiction Recovery**
 - Addiction Recovery Retreat
 - **Drug Rehabilitation** ***
 - **Alcohol Rehabilitation** ***
 - **Prescription Drug Rehabilitation** ***
 - Detox Program
 - Programs Overview
 - 4. **Depression & Anxiety Retreat**
 - **Depression Rehabilitation** ***
 - **Anxiety Rehabilitation** ***
 - 5. **Holistic Rehabilitation**
 - ***The Bay Approach*** (formerly "What is The Bay Approach")
 - Our Therapeutic Modalities
 - Family Support
 - 6. **Therapeutic Retreats**
 - Therapeutic Retreat
 - Couples Retreat
 - Rejuvenation Retreat
 - Meditation Retreat
 - 7. Aftercare
 - Aftercare Overview
 - Aftercare Options
 - Reconnection Retreat
 - 8. Contact
 - Contact The Bay
 - Map / Getting There
 - Retreat Costs